

What Shall I Do Before Receiving My Micro-pigmentation Procedure?

Prior to your micro-pigmentation procedure think about the look that you wish to achieve. As experts in the field of colour analysis and makeovers, we ensure that the correct colours and styles are chosen for you, however you are part of the decision-making process.

Micro-pigmentation enhancements normally require multiple application sessions. To achieve the best results you may be required to return for a complimentary tune-up procedure between 4 and 12 weeks after the initial application.

Be prepared for the colour intensity to be significantly sharper and darker immediately after the procedure. This will subside and become softer as the skin heals. This process can take up to 14 days.

General Pre Advice

- Since delicate skin or sensitive areas may be swollen or red, you are advised not to make social plans on the day of your enhancement.
- If applicable please wear your normal make-up to your enhancement appointment.
- Do not take aspirin or anti-inflammatory medication such as Ibuprofen 2 days prior to your enhancement.
- Do not discontinue any medication before consulting your doctor.
- Keep alcohol intake to a minimum 2 days prior to your enhancement.
- Do not use 1% Retin A skincare products close to the area to be treated for 6 weeks prior your procedure.
- Do not use AHA skincare products close to the area to be treated for 4 weeks prior to your procedure.
- Avoid professional chemical peels close to the procedure site for 4 weeks prior to your procedure.
- Please be aware that the National Blood Service does not accept donations of blood for 4 months after micro-pigmentation.

Eyebrow Enhancement

- Waxing and threading treatments should be performed no less than 1 week prior to your procedure.
- IPL laser hair removal should be performed no less than 2 weeks prior to your procedure.

- Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.
- Eyebrow tinting should be performed no less than 4 weeks prior to your procedure.
- Eyebrow hair stimulating products should not be used for 4 weeks prior to your procedure.
- Botox in the brow region should be performed no less than 2 weeks pre procedure.

Eyeliner Enhancement

- Eyelash tinting or eyelash perming treatments should be carried out no less than 2 weeks prior to your procedure.
- Eyelash stimulating products should not be used for 4 weeks prior to your procedure.
- Artificial lashes should be removed 1 week prior to your procedure and not reapplied for 2 weeks post procedure.
- Do not wear contact lenses during or immediately following your procedure. Remember to bring your glasses. You may resume wearing your contact lenses 24 hours after the procedure.
- You may have mild swelling after your enhancement procedure and as a safety precaution you may wish to have someone drive you home.

Lip Enhancement

- If you have a history of cold sores (herpes simplex) and are scheduling a lip enhancement we advise you to use anti-herpes medication for example Zovirax ointment that can be obtained from a chemist. Use the preparation 1-week prior and 1-week after your enhancement 5 times a day to reduce the incidence of outbreak by 50%. Oral anti-herpes medication (available on prescription) will control the incidence of an outbreak more or less completely. Micro-pigmentation does not cause cold sores, however if you carry the virus, it lays dormant in the nervous system and can be aroused by the infusion process.
- IPL laser hair removal around the mouth should be carried out no less than 2 weeks prior to your procedure.
- Waxing and bleaching treatments should be performed no less than 2 weeks prior to your procedure.
- Electrolysis treatments should be performed no less than 2 weeks prior to your procedure.
- Dermal fillers in the lip should be performed no less than 2 weeks prior to your procedure.